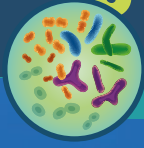


Nutrition Microbiome Metabolism



A science based
multidisciplinary Symposium to
explore cutting-edge research
and nutritional health

Thursday 17th | Friday 18th October 2024

Welcome
to Palermo!



Fondazione Ri.MED: Tel +39 091 6041 111
symposium2024@fondazionerimed.com

17th
Thursday

DISSEMINATION ACTIVITY

Official language: Italian

10.30 AM - 12.30 PM



TAVOLA ROTONDA

**Cibo, salute
e società**
la necessità di una
ricerca integrata

Palazzo Branciforte



2.00 PM - 7.00 PM

SCIENTIFIC SYMPOSIUM

Download the program



Palazzo Branciforte

7.00 PM

POSTER SESSION & STANDING DINNER

Palazzo Branciforte

18th
Friday



9.00 PM - 5.20 PM

SCIENTIFIC SYMPOSIUM

Download the program



Palazzo Branciforte

8.00 PM

SOCIAL DINNER

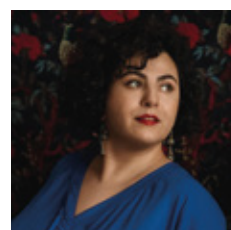
**Sharing culture
through food**

Saghar Setareh

Palazzo Fatta

C/O Palermo Marina Yachting

Via Filippo Patti, 30



<https://maps.app.goo.gl/iddM2RFUtcIPHw5a8>

Venue

Palazzo Branciforte

Sala dei 99

Largo Gae Aulenti, 2, 90133 Palermo

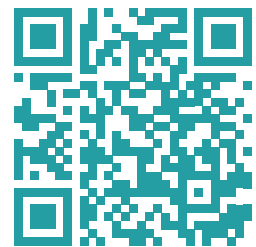
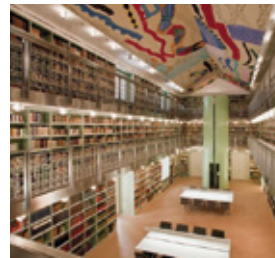
<https://maps.app.goo.gl/h3pkadkQNJbKpuLt8>

Built in the late 1500s, Palazzo Branciforte has a history closely linked to the life of Palermo. In 1801 it became the seat of the "Monte della Pietà for Foreclosure" and was intended to house the section of non-precious assets. Named "Monte di Santa Rosalia" in honor of the patron saint of the city, the building was seriously damaged in 1848, due to a fire, and later, during the Second World War, by air raids. In spite of everything, it was recovered and continued to host the pledge credit business until the eighties of the last century. It was then acquired by the Banco di Sicilia and in 2005 it became the property of the Banco di Sicilia Foundation which, thanks to a magnificent and original restoration project signed by the famous Gae Aulenti, made it a multipurpose cultural center.



The Monte di Santa Rosalia, a spectacular, timber-framed exhibition space that houses an important collection of traditional Sicilian pupi (puppets).

The ground-floor archaeological collection claims over 4750 objects, many unearthed at the ruins of Selinunte. The palazzo also houses a small, interesting collection of majolica spanning from the 15th to 20th centuries.



Suggestions for the ACCOMMODATION

Please find below a list of different price ranges hotels, all very close to the venue (within 600 meters from the venue):

Hotel Joli ★★ ★

Address: Via Michele Amari 11, 90139 Palermo
Tel. +39 091 332082
Web site: <https://www.hoteljoli.com/>

Hotel Mediterraneo ★★ ★

Address: Via Rosolino Pilo 43, 90139 Palermo
E-mail: info@hotelmediterraneopa.com Tel. +39 091 581133
Web site: www.hotelmediterraneopa.com

Hotel Palermo Quattro Canti ★★ ★

Address: Via Vittorio Emanuele 291, 90133 Palermo
E-mail: palermo@hotelbb.com - Tel. +39 091 332082
Web site: <https://www.hotel-bb.com/en/hotel/palermo-quattro-canti>

Hotel Tonic ★★ ★

Address: Via Mariano Stabile 126 - 90139 Palermo (PA)
E-mail: info@hoteltonic.it Tel. +39 091 581754
Web site: www.hoteltonic.it

Hotel Palazzo Sitano ★★ ★★

Address: Via Vittorio Emanuele 114, 90133 Palermo
E-mail: info@hotelpalazzositano.it - Tel. +39 091 778 1610
Web site: <https://www.hotelpalazzositano.it/en/>

Massimo Plaza Hotel ★★ ★★

Address: Via Maqueda 437, 90133 Palermo
E-mail: booking@massimoplazahotel.com - Tel. +39 091 325657
Web site: <https://www.massimoplazahotel.com/>

Hotel Politeama ★★ ★★

Piazza Ruggero Settimo, 15 90139 Palermo
E-mail: mail@hotelpoliteama.it Tel. +39 091 32 27 77
Web site: <https://www.hotelpoliteama.com/>

Eurostars Centrale Palace Hotel ★★ ★★

Address: Via Vittorio Emanuele 327, 90134 Palermo
E-mail: info@eurostarscentralepalace.com - Tel. +39 091 8539
Web site:
https://www.eurostarshotels.co.uk/eurostars-centrale-palace.html?_ga=2.225230618.1054808884.1568210994-777404115.1568210994

In this area of Palermo you can also find many alternative accommodations, such as B&Bs or guest houses: you just have to choose the one you prefer!



VENUE
Ri.MED Scientific Symposium
Nutrition Microbiome Metabolism
Palazzo Branciforte
17 | 18 October

SOCIAL DINNER
Sharing culture trough food
Palazzo Fatta
18 October

Suggestions for your free time

FOOD AND DRINKS



STREET FOOD

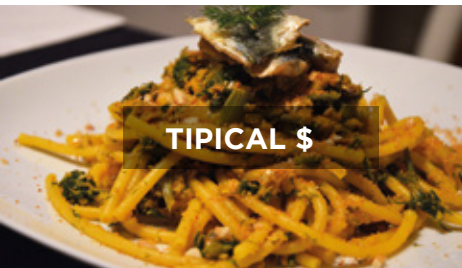
Dainotti's da Arianna - Via Mura di Porta Carini, 51

Passami U Coppu: via Roma, 195 (at the corner with Via Vittorio Emanuele)

Friggitoria Chiluzzo: Piazza della Kasla, 10

Antica Focacceria San Francesco: Via Alessandro Paternostro, 58. As the name implies, it is a historic place in Palermo. Once in life you must taste the "pane 'ca meusa"

Ke Palle: Via Maqueda, 270 (near to home, walking on Via Maqueda, direction Teatro Massimo): a new interpretation of the typical sicilian «arancini», declined in many different flavours



TIPICAL \$

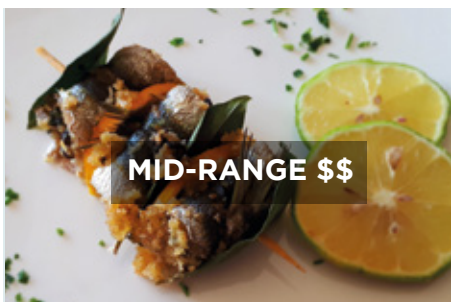
Trattoria Ferro di Cavallo: Via Venezia, 20

Typical Sicilian cuisine wiht excellent value for money

Bisso Bistrot: via Maqueda, 172A (Quattro Canti corner)

Trattoria Al vecchio club Rosanero: vicolo Caldomai

Osteria Mangia e Bevi: Largo Cavalieri di Malta, 18



MID-RANGE \$\$

Quid gusto siciliano: Piazza Marina, 52

quality cuisine in front of the magnificent giant ficus in Piazza Marina

Buatta: via Vittorio Emanuele, 176 - Typical Sicilian cuisine - good prices (Michelin Guide 2019)

Locale: Via Francesco Guardione. You can eat, but you can also just drink: the peculiarity of this nice place is that it is designed as a house, with the various rooms, the courtyard, etc.



GOURMET \$\$\$

L'Ottava nota: Via Butera, 55 (Michelin Guide)

Osteria dei Vespri, Piazza Croce dei Vespri 6 (Michelin Guide)

CITYSEA, Via Filippo Patti, 30 (Chef Natale Giunta)

Suggestions for your free time

FOOD AND DRINKS

Ice cream and pastry

Pasticceria Costa: Via Maqueda: 174 (4 Canti). Superb pastry: everything is delicious! I love the wild fruit mousse, but try also the famous «setteveli» (seven layers of different types of chocolate...)

Latte Pa: excellent ice cream close to Piazza Marina (Via Vittorio Emanuele, 87)

Ilardo: excellent ice cream on the promenade of the Foro Italico

Drinks

Nautoscopio: at the end of the Marina: it's on the see, perfect for a drink at sunset

Calamida: (via Cala) nice location on the Marina

SciuRum: (Piazza Vincenzo Bonello, Via Maqueda, 288-290): innovative concept store with expò of design furniture, lounge bar and restaurant. Cocktails are artfully made!

Botteghe Colletti: via Alessandro Paternostro - Little pub and great cocktails



Main tourist attractions within 20 minutes walking from the venue



Palazzo Abatellis

Sicilian Regional Gallery, which hosts - among others - the famous paintings of Antonello da Messina



Piazza Marina with the majestic ficus of **Villa Garibaldi** and **Palazzo Steri** (home of the Museum on Inquisition)



the beautiful Marina of "La Cala"

Palermo Marina Yachting

Along the perimeter of the Castello a Mare archaeological park, a promenade, a square and an urban lake with a musical fountain



The historic **Via Maqueda**, pedestrian street, which will take you to the **Teatro Massimo** and the shopping street



San Cataldo Church, with the famous Arab domes

Santa Maria dell'Ammiraglio Church also known as **Martorana**, is one of the most beautiful churches of Palermo.





Archaeological museum Antonio Salinas

Piazza Olivella, 24

Modern Art Gallery of Palermo GAM

Via Sant'Anna, 21



Teatro Opera dei Pupi Mimmo Cuticchio

Via Bara all'Olivella, 95

Take a nice walk in the "Olivella" district: between Teatro Massimo and the Archaeological museum you find 2 narrow streets (Via dell'Orologio, Via Bara all'Olivella) with craft shops and restaurants: it is a little touristy but pleasant!



Serpotta's Oratorio San Lorenzo

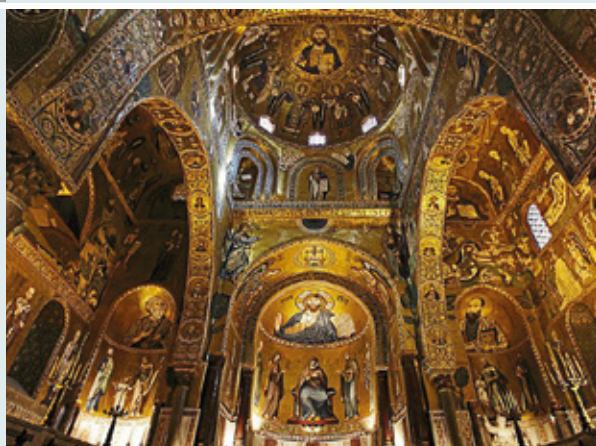
Via Immacolatella, 1

Serpotta's Oratorio Santa Cita:

Via Valverde, 3

Cathedral of Palermo

Palazzo dei Normanni and the extraordinary Cappella Palatina



Piazza Bologni

Palazzo Belmonte Riso, also known as RISO, Museum of Contemporary Art of Sicily

Useful contacts

TAXI

Autoradio Taxi Palermo	0039 091.8481;
Radio Taxi Trinacria	0039 091.6878;
Taxi Palermo	0039 091.512727;
Taxi sharing	0039 331.4296956;
Palermo In Taxi	0039 339.1928604

EMERGENCY NUMBER:

112

*it includes Police,
Ambulance and Medical
assistance*

TRANSPORTATION TO AND FROM PALERMO AIRPORT:

Bus service: Prestia e Comandè (journey time is 45/50 minutes).

Every half hour there is a bus from the airport and from the city (the last bus from the airport leaves at 00:30 hours, the first bus from the city departs already at 04:00 hours); the last stop is the main railway station Palermo Centrale, but you may get off at the penultimate bus stop (via Roma n.265), which is less than 400 meters away from the venue.

Please consult website and timetable Prestia e Comandè for more information

<https://www.prestiaecomande.it/en/>

"Shared taxi":

Two platforms are located at the arrivals area for the taxi sharing cars
it costs 10 euros per person.

Taxi: Located at the Arrivals exit, there is an airport Taxi service which has been coordinated with the flight arrival timetable. The cost is usually 45/50 € for the distance airport-city center, something more for night-time (ask for the price before getting on board).

Train: from the airport arrive at the Central Station (cost 6,80 € - travel time about 75 minutes).

**Enjoy the Ri.MED Symposium
and taste Palermo!**